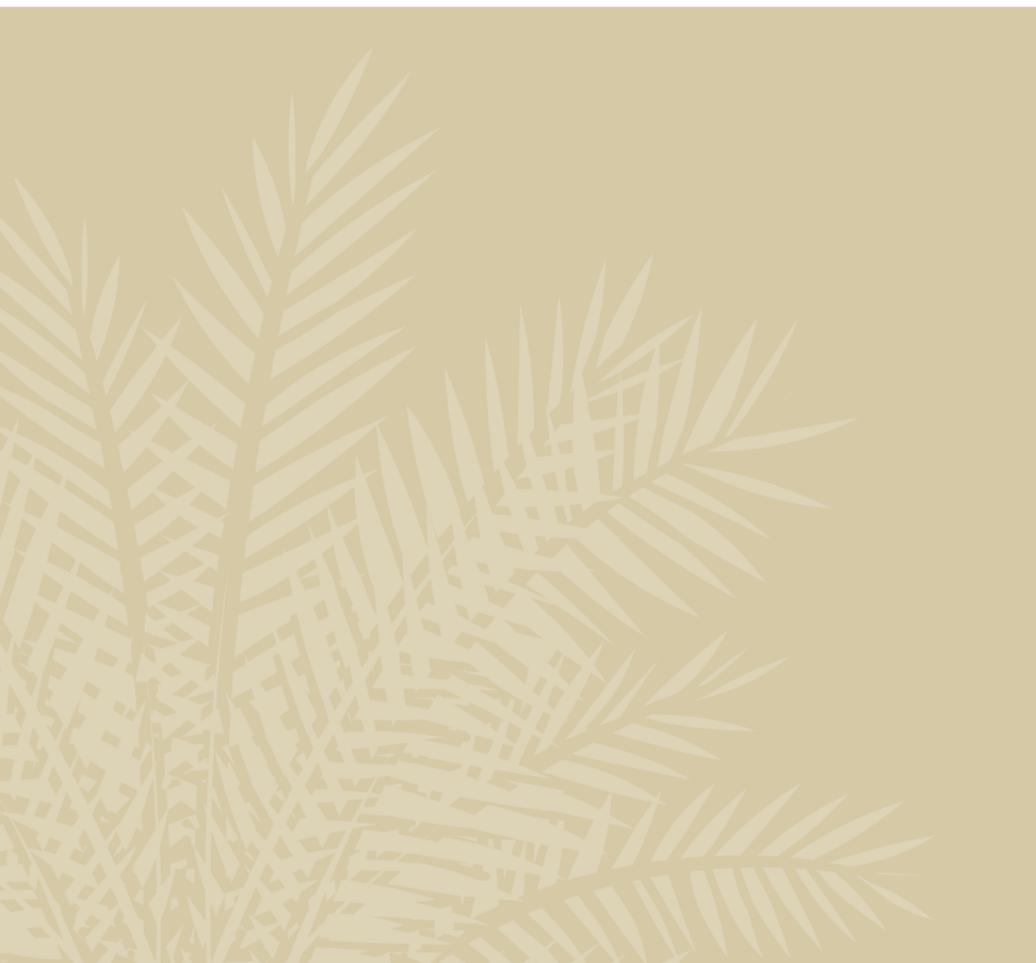




*the spa*  
AT NAPLES GRANDE



# WELCOME

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The Spa at Naples Grande provides a variety of services focused on overall health enrichment through our modern and innovative offerings. Your mind will relax, body rejuvenate, and soul be transformed. A Grande spa experience awaits.

## Arrival

We invite you to enjoy all the amenities the spa has to offer. On the day of any confirmed spa treatment we ask that you arrive at least 30 minutes in advance to allow proper time for checking in, showering and indulging in spa amenities. These amenities include our labyrinth, sun deck, whirlpool, sauna, steam room and meditation lounge. Your treatment will start at its scheduled time and arriving late will limit the time that you can enjoy your service. Should you like to enjoy these amenities without booking a treatment there is a separate charge based on daily availability.

## Minimum Age

The spa is an adult facility experience for guests 18 years of age and older. Underage guests are welcome to enjoy facial and massage treatments with a parent or guardian present in the treatment room unless otherwise noted. All ages welcome for hair salon or nail services.

## Medical Concerns & Comfort Level

Guests who are pregnant, have had recent surgery, or have any other medical concerns, are advised to consult their physician before booking spa services.

## Quiet Environment

We strive to provide a tranquil and private escape. As a courtesy to you and the rest of our guests we ask that you turn off your cell phones, electronic devices and cameras upon entering the spa.

## Gratuities

For your convenience, a 22% service charge is added to all spa and salon treatments. Additional gratuities are at your discretion and may be added upon request.

## Cancellation & Rescheduling

As a courtesy to you, other guests and service providers, we strictly adhere to the spa cancellation policy: If you must reschedule or cancel an appointment, please advise us eight (8) hours in advance to avoid being charged 100% of the scheduled treatment. No-show appointments will also be charged the full treatment fee. Packages and personal training sessions require a 24-hour notice.

## Valuables

We recommend leaving all valuable items at home, or in the comfort of your guest room or suite. The spa is not responsible for lost, damaged or stolen items.

## Reservations

Book online at [Naplesgrande.com/spa](http://Naplesgrande.com/spa) or call us directly at 239.594.6321.



# SPA PACKAGES

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## Spa Essentials | 2 Hours | \$305

Escape and indulge in our unique treatments to reduce stress and tension, while restoring peace and tranquility. This package includes your choice of any two 50-minute Spa Services.

## Muscle Recovery | 2 Hours | \$310

A package made for post-exercise or during athletic training to help relieve sore muscles placing you into deep relaxation and recovery. This unique combination of treatments will leave your body feeling reenergized and revitalized. Ideal for: Athletes, runners, bodybuilders, training, post-exercise, pain, recovery, inflammation. This package include:

- 3 minutes Everest Full Body Cryo
- 25 minutes Halotherapy + Infrared
- 30 minutes Salt Float Bath Therapy
- 25 minutes VEMI

## Golden Trio | 3 Hours | \$440

Remove, restore, and radiate. Begin your experience with a 50-minute Signature Muscle Melt Massage to relax, followed by a 50-minute Fijian Coconut Scrub to gently exfoliate your skin, and conclude with a 50-minute Signature Organic Facial.

## Anxiety & Stress Relief | 3 Hours | \$485

Allow yourself an escape from the stressors in your daily life. Breathe. Decompress. Rebalance your mind and body with a series of treatments designed to relieve your stress and anxiety by supporting your respiratory, immune, mental and skin health. Ideal for: stressed-out executives, burnout, parents, entrepreneurs, those seeking recovery from long-term/chronic stress, trauma, a beginner meditator or to help you go deeper into your meditation practice. This package include:

- 25 minutes Halotherapy + Infrared
- 30 minutes Salt Float Bath Therapy
- 25 min VEMI
- 80 minutes Singing Bowls Therapy

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### **Discreet Indulgence** | 5 Hours | \$770

Begin your journey with an 80-minute Signature Muscle Melt Massage followed by a 25-minute head, neck, and shoulder massage using exotic aromatherapy oils. Delight in a 50-minute Signature Organic Facial, followed by a 50-minute Signature Ritual Manicure and a 50-minute Signature Ritual Pedicure. Your special package includes an al fresco lunch from our signature menu to enhance a perfect spa day.

### **Serenity for Two Couples Retreat** | 3 Hours | \$830

Begin your day of relaxation with an 80-minute Couples Massage where you and your loved one will enjoy a Swedish Massage in tandem, using blended aromatherapy oils followed by either a 30 minutes couple salt bath flotation or a 30 minute Fijian Scalp Massage. Indulge in our Signature Villa for the remainder of your time which includes a private couples shower, private sundeck area, infrared sauna, whirlpool and comfortable seating area. Top off the perfect day with a fruit plate and a glass of champagne for each guest.



# BODY TREATMENTS

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## Dead Sea Salt Scrub | 50 min | \$160

Restore your skin to a healthy glow with this unique detoxifying, hydrating, and exfoliating treatment. Enjoy the benefits of a finishing ayurvedic body silk. This treatment is done in a wet room.

## Revive and Tone 50 min | \$165

A complete full body detox treatment design to revive your body, nourish the skin and reset your mind. This treatment begins with dry body brushing followed by a stimulating exfoliation using a fusion of sea salt and green coffee oil to slough away dead skin cells. End your experience with a deeply invigorating massage to brighten and tone your legs.

## Fijian Coconut Scrub | 50 / 80 min | \$155 / \$220

Inspired by the abundance of Fijian fresh tropical fruits, this Pure Fiji scrub exfoliates and hydrates, while uplifting aromas elevate your senses for a complete state of relaxation. Pick between Noni or Coconut Lime Blossom scents. The 80-minute option includes a Fijian Hair and Scalp Massage. This service is performed in a dry room.

## Renewing Ultimate Scrub 50 min | \$160

This intensely hydrating treatment includes the layering of sensitive/light gels, oils and creams, leaving your body glowing, soft and smooth and your spirits bright and uplifted. This service is designed for those who require nurturing, pampering, and a truly delicate treatment to uplift their spirits, ideal for mothers-to-be and new mums.

## Wellness Detox Body Wrap | 80 min | \$220

This luxurious service is great for detoxification, skin purification, and cellulite support. Dead Sea Salt body scrub is used to open pores, enabling your skin to absorb the wrap's healing properties. The detoxifying seaweed mask is then applied to promote toxin removal while you are wrapped in a warm cocoon. Enjoy a relaxing scalp massage and detoxifying body oil application while melting into bliss.

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## Hydrating Fijian Coconut Body Wrap | 80 min | \$220

Coconut and raw sugar sourced from the pristine rainforests of Fiji nourish the skin like no other. Begin with a full-body exfoliation to stimulate and renew your skin. Next, reduce dryness with your choice of Noni or Coconut Lime Blossom body butter, high in vitamins and minerals to strengthen and hydrate the skin cells. To conclude, a warm oil scalp massage will leave you relaxed and refreshed. This service is performed in a dry room.



# AESTHETICS & SKIN CARE

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## BOTANICAL

### **Recovery Facial** | 50 min | \$160

An innovative, fortifying approach to sensitive, delicate skin. With a Prebiotic from sugar beets, promoting cutaneous resilience, and Marula Oil, this facial calms skin discomfort, relieves neuroinflammation and reinforces the skin's defense.

### **ActiveLift Facial** | 50 min | \$160

Give your skin the boost of radiance and plumpness that it needs with an innovative double peel followed by a lifting mask for immediate rejuvenation. The Activelift™ Massage, inspired by Kobido techniques, softens wrinkles and invigorates skin tone.

### **Hyaluronic Facial** | 50 min | \$160

The ultimate treatment for deep hydration and radiance, ideal for skin stressed by central heating and air-conditioning. The HydraBrush Massage transports the precious Moringa Oil and the Hyaluronic Acid biomimetic fragments deep into the skin.

## MEDICAL

### **Signature C Firming Facial** | 50 / 80 min | \$160 / \$230

Designed to prevent, protect, and correct skin damage from dehydration, aging, and free radicals.

### **Rebalancing Facial** 50 / 80 min | \$170 / \$245

Designed to detoxify and brighten congested skin. We will customize the service based on skin needs, resulting in a clear, glowing skin complexion.

### **Gentlemen's Facial** | 50 / 80 min | \$170 / \$245

Designed specifically with men in mind, this treatment restores balance to your skin. Lie back, relax, and allow our estheticians to improve your skin's tone and texture.

### **Teen Clinical Acne Treatment** | 50 / 80 min | \$150 / \$220

This treatment is designed to calm and correct acne-prone skin and may be used on the face, chest, or upper back.

## ORGANIC

### Radiance & Renew Facial

50 min | \$160

Designed to boost cell regeneration for an instantly smoother complexion. An intensive cleansing and skin brightening treatment, the refining enzyme facial dramatically improves the appearance and texture of the skin. A fruit enzyme containing organic extracts is applied to deeply exfoliate and remove dead skin cells. A lifting & smoothing mask is then applied, to give your skin a plumper, firmer appearance.

### Bright & Hydrating Facial

50 min | \$160

Designed to hydrate, plump, and revitalize the skin in just minutes. Enjoy this organic derived treatment to restore a natural glow suitable for all skin types. To address visible sun damage and reduce the appearance of dark spots.

### Age Corrective Ultra Lift Facial

50 min | \$170

Rich organic toning and lifting ingredients combined with microcurrent technology designed specifically to lift, sculpt and tone facial and eye area muscles for immediate and noticeable results. tone and texture.

## ADD ONS

Fijian Hair & Scalp Massage | 25 min | \$75

All About Feet | 25 min | \$75

Shirodhara | 25 min | \$75

## RECOMMENDED ENHANCEMENTS

(No Extra Time Required)

### Collagen Face Masque | \$50

Used to stimulate your body's natural collagen production, this masque is an accelerator to combat the first signs of aging.

### Collagen Eye Masque | \$25

This Collagen eye mask infuses your skin with extra moisture, smoothest wrinkles and soothes the skin around delicate eye area.

### Healthy Happy Lips | \$25

An enzymatic exfoliation to quench and soften parched lips.

### Dermaflash | \$25

This treatment uses a subtle sonic vibration and a proprietary Edge to safely and painlessly exfoliate dead skin and sweep away pesky peach fuzz, instantly unveiling your best skin!

### Foot Exfoliation | \$25

Hydrate and replenish the fresh feeling of your feet with foot scrub therapy.

# AESTHETICS & SKIN CARE

(CONTINUED)

## BROWS

Henna | 30 min | \$100

Microblading\* | 90 min | \$500

Microshaving\* | 120 min | \$600

Ombre Brows\* | 120 min | \$700

*\* Require Touch up ( 4 weeks after) \$300*

## LASHES

Lash Extension Classic | 60 min | \$300

Lash Extension Hybrid | 90 min | \$350

Lash Extension Volume | 150 min | \$400

Lash Extension Mega Volume | 150 min | \$450

*\* Touch Up Services (15 days after)*

Lash Extension Classic\* | 45 min | \$150

Lash Extension Hybrid\* | 120 min | \$200

Lash Extension Volume\* | 150 min | \$225

Lash Extension Mega Volume\* | 150 min | \$225

## WAXING SERVICES

Bikini	\$45+	Half Arm	\$45+
Brazilian	\$85+	Back or Chest	\$75+
Half Leg	\$65+	Lip or Chin	\$25+
Full Leg	\$95+	Ear	\$8+
Full Leg with Bikini	\$125	Nose	\$15+
Underarm	\$30+	Brow Sculpting	\$35+
Full Arm	\$65+		



# TRADITIONAL THERAPIES

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## Couples Massage | 50 / 80 min | \$340 / \$490

Experience a relaxing Swedish Massage side by side. Ignite your senses while selecting a custom blended oil to create a true aromatherapy experience in perfect harmony.

## Signature Muscle Melt Massage | 50 / 80 min | \$175 / \$250

This uplifting massage journey is the perfect marriage of mind and body techniques to bring an overall sense of balance and healing. Featuring a hot stone back massage combined with a beautiful blend of sweet birch, frankincense and arnica, this complete treatment will soften the skin and inspire a sense of positivity, leaving you with a calm mind and soothed body.

## Classic Swedish Massage | 50 / 80 min | \$145 / \$220

A gentle, full-body massage designed for relaxation and to soothe tired muscles. This light-to-medium pressure massage is perfect for enhancing circulation, melting away stress, and reviving your senses. A healing therapy for the mind and body.

## Therapeutic Deep Tissue Massage | 50 / 80 min | \$160 / \$235

Enjoy greater range of motion as your therapist works on targeted areas of concern. Strokes with customized deep pressure perfectly eases chronic muscle tension.

## Soothing Stone Massage | 75 min | \$230

Be lulled into a deeper level of peace and tranquility with the heat emitted from smooth basalt stones penetrating deeply into your muscles, melting away tension and built-up stress. The combination of hand and stone massage creates a sense of complete balance.

## Mother-To-Be Massage | 50 min | \$155

A nurturing full-body massage using safe and effective prenatal techniques to release tension caused by overworked muscles. Ease mental and physical stress with this full-body massage. Ideal for women in their second and third trimester of pregnancy.

## CBD Massage

50 / 80 min | \$165 / \$240

Indulgent and luxurious! If you're seeking relief from tight muscles, injuries, extra stress, or maybe just chasing that post-yoga high, take your massage to the next level with a deeply moisturizing, CBD-enhanced treatment. Allow the cell-communicating CBD to penetrate deep, relaxing your body and mind while restoring that sweet equilibrium. Get off the table feeling refreshed with freedom to move. THC free!

### Add Ons

**Fijian Hair & Scalp Massage** | 25 min | \$75

**All About Feet** | 25 min | \$75

**Shirodhara** | 25 min | \$75

## ENHANCEMENTS

(No Extra Time Required)

**Aromatherapy Oil** \$25

**Hot Stones on the Back** \$25

**Collagen Eye Mask** \$25

**Foot Exfoliation** \$25

**CBD Pain Relief** \$30

Must be booked in conjunction with a 50-minute or longer facial or massage. Intended to encourage hydration and decrease moisture loss and inflammation.



# NON-TRADITIONAL THERAPIES

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## Salt Floatation Bath Therapy

**30 / 60 min | \$89 / \$120 | Couples, 60 min, \$225**

Float your stress away in a weightless salt water bath environment with over 800 pounds of Epsom salt. Relieve muscle pain, anxiety, and achieve a deep state of relaxation to calm even the busiest brain.

## Whole Body Cryotherapy | 3 min | \$79

Step inside one of the coldest machines in the country, reaching -275° F, to invigorate your body, balance your nervous system, improve immunity and stimulate your metabolism and burn up to 800 calories.

## Cryo Body Slimming | 50 min, \$350 | 6 Treatments, \$1800

This innovative thermal treatment destroys fat cells, removes cellulite and slows down the aging process. Look and feel younger almost instantly as you will walk away seeing results even after your first treatment. Select abdomen, flanks, legs, thighs, arms, breast lift, butt lift. Each thigh, arm or flank is considered a separate area.

## Ionic Foot Detox | 30 min, \$79 | Couples, 30 min, \$145

This warm mineral sea salt water bath focuses on the feet to recharge the body and increase well-being, overall health and balance by flushing out toxins in your lymphatic system and energizing the blood through ionization. If you are feeling sluggish, tired or have a lack of energy; suffer from neuropathy, arthritis, fibromyalgia, gout, migraines, heavy metal accumulation or eczema, this can help you detoxify, eliminate waste and heal. (Multiple treatments recommended).

## Infrared Sauna 25 min, \$65 | Couples, 25 min, \$89

Infrared sauna eliminates seven times more toxins than a traditional sauna and helps to relax muscles, burn calories, promote relaxation, and relieves inflammation by increasing circulation and balances cortisol levels, the body's primary stress hormone. Add on Halo micronized salt therapy for sinuses and other respiratory conditions and to enhance relaxation \$25.

## Cryo Skin Toning | 50 min, \$350 | 6 Treatments, \$1800

A non-invasive skin tightening treatment to boost your collagen levels and microcirculation. Targeting the problem areas with a focus to improve elasticity plus tightening any loose skin.

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### **Cryo Neck Lift** | 50 min, \$250 | 6 Treatments, \$1200

A non-invasive and quick facial to improve circulation, reduce fine lines and wrinkles. Cold temperatures allow for extra blood flow which helps with collagen production reducing the appearance of wrinkles and restores elasticity. A favorite for those looking for healthy, tight, and super refreshed skin.

### **Cryo Facial** | 50 min, \$250 | 6 Treatments, \$1200

A non-invasive and quick facial to improve circulation, reduce fine lines and wrinkles. Cold temperatures allow for extra blood flow which helps with collagen production reducing the appearance of wrinkles and restores elasticity. A favorite for those looking for healthy, tight, and super refreshed skin.

### **Vibroacoustic Electro Magnetic and Infrared Therapy (V.E.M.I)**

25 min | \$99

This all-in-one therapy includes VibroAcoustic, ElectroMagnetic & Infrared technology that uses healing sound resonance in tandem with full-body vibrations, natural earth frequencies and Infrared for an unbelievable mind, body, spirit experience that is only reached in deep meditation states. The VEMI grounds the body and eliminates the effects caused by electro-smog radiation and recharges and detoxifies all the cells in the body, balancing all the body systems for ultimate rejuvenation.

### **Avacen** | 15 min | \$39

When placing your hand in this futuristic looking muscle-relaxing machine, which is about the size of a bread box, for 15 minutes and some really great things may happen. Pain dissipates, that foggy shroud disappears and joints move more freely. For many; eyelids become heavy, stress fades and some people actually fall asleep.

### **NuCalm** | 25 / 50 min | \$49 / \$79

This technology solves the riddle of safely and reliably managing stress. It is the world's first and only patented neuroscience clinically proven to reduce stress and improve sleep quality without drugs. NuCalm uses state-of-the-art applied neuropsychobiology and neuroinformatics to mimic the body's natural experience of slowing brain and body function in preparation for sleep. This service will be offer to all hotel guests whether or not receive spa services, as the guests can ask for the service to be perform in any hotel area.

# EASTERN THERAPIES

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## **Abhyanga Massage** | 50 / 80 min | \$165 / \$240

Sansára is Sanskrit for “continuous flow” of consciousness and life. With the movements of the Abhyanga, a continuous flow of medicated oil is massaged in a rhythmic motion. Abhyanga works to affect the 7 layers of the physical and subtle bodies to bring balance and harmony to the mind, the body, and the spirit. The 80-minute option includes a Shirodhara restorative treatment.

## **Just Heaven** | 50 min | \$155

Our mind creates our direction, our hands move our environment, and our feet carry us to our desired destination. Escape from the daily routine and allow your therapist to melt stress away with a beautiful combination of foot, hand and scalp massage that is going to make you feel ready to conquer the world. Can be combined with any other services.

## **Singing Bowls Therapy** | 80 min | \$245

This journey designed by the talented spa team creates a profound level of relaxation for the body and mind through sound and touch. Featuring vibrational healing waves through the use of singing bowls, and a de-stressing full body massage with special attention to your back, scalp and feet for complete surrender.



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### **Table Top Thai** | 80 min | \$260

Discover this ancient technique, which incorporates stretching and energy line compressions to restore balance to the entire body. Promoting increased flexibility and improved physical performance, this time-honored practice rewards the body with an overall sense of relaxation. Performed on a massage table without oil, Thai massage requires loose-fitting comfortable clothing.

### **Swe-Thai Massage** | 80 min | \$260

Swe-Thai is a unique style of massage that delightfully blends the relaxing strokes of the eastern therapeutic massage using oils and the wonderful stretching techniques and energy line work of the traditional Thai massage on the table. This massage is performed with minimum or no clothing, using a draping for privacy like in a Swedish Massage. Not for those in a fragile physical condition or pregnant women.

### **Reflexology** | 25 / 50 min | \$75 / \$150

Experience this therapeutic and naturally healing art, based on the principle that there are reflexes in the feet. Reflexology promotes relaxation, improves circulation, reduces pain, soothes tired feet, and encourages overall healing.

### **Inner Strength Massage** | 50 / 80 min | \$175 / \$250

This encouraging massage will help uplift spirits for those who have experienced a personal trauma in life and are challenged with lack of energy, confidence or with the inability to see past their circumstance. This massage will treat specific areas of the body that assist in building physical & mental strength and provide the comfort to move forward in life. End your journey with an Ayurvedic Kansa Vatki foot massage which helps to balance body, mind and spirit.



# NAIL SERVICES

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## Grande Manicure | 50 min | \$90

This extravagant manicure is heaven for your hands and arms. This treatment is designed to deeply hydrate and nourish your skin and nails. Our signature scrub gently exfoliates and softens your hands and arms preparing them for the nourishing rich masque to seal in hydration. The grande finale of this journey incorporates a hot stone massage, followed by your choice of nail polish to bestow a youthful vibrancy.

## Grande Pedicure | 75 min | \$110

Indulge in the ultimate pedicure journey. Start with a mineral soak accompanied by a gentle exfoliation. Hot towels, hot stones, and heated mitts combined with paraffin wraps leave your skin soft, smooth, and glowing. Choose a polish from our long lasting, vitamin enriched polish line to finish your grande experience.\*

## Signature Hand or Foot Ritual | 50 min | Hand, \$70 / Foot, \$90

Treat yourself to our organic healing and restorative ritual designed to deeply hydrate and nourish your skin and nails. An exfoliating scrub invigorates your senses while scented hot towels, organic eco-paraffin treatment and warm mitts are combined with a light Swedish massage to relax your muscles. Followed by your choice of polish color.

## CBD Manicure / Pedicure | 50 min | Manicure, \$75 / Pedicure, \$95

Treating yourself to a manicure and pedicure after a long work week is always a treat, but if you can't seem to fully de-stress and put down your phone at the salon, a nail treatment spiked with CBD (Aka: Cannabidiol, a compound found in the Cannabis plant) is for you. Let the power of CBD alleviate pain & discomfort.

## Dipping Powder Overlay (over natural nail) | \$90

## Dipping Powder Full Set (w/extension tip) | \$110

**Classic Manicure** 25 mins | \$50

**Classic Pedicure** 50 mins | \$70

**Gel Manicure** 50 mins | \$90

**Tweens Manicure\*** 25 mins | \$25

**Tweens Pedicure\*** 25 mins | \$40

**Polish Change** 15 mins | \$25

**Gel Removal** 15 min | \$25

## ENHANCEMENTS

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**French Mani/Pedi** \$10

**Hydrating Hand Treatment** \$25

**Collagen Eye Mask** \$25

**CBD Pain Relief** \$30

\* Reserved for guests 8-12 years of age, must be accompanied by an adult nail service

# HAIR DESIGN & MAKE-UP

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Shampoo & Style	\$65+
Men's Haircut & Style	\$45+
Women's Haircut & Style	\$75+
Deep Conditioning Treatment & Scalp Massage	\$45
Customized Keratin Treatment	By consultation
Partial Highlights	\$135+
Full Highlights	\$175+
Lowlights	\$80
Balayage Highlights	\$120+
Color	\$80+
Corrective Color	By consultation
Conditioning Color Gloss	\$70
Hair Extensions	By consultation
Hair Botox	\$20+
Formal Styling & Consultation	\$100+
Bridal Hair & Makeup	\$250+



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