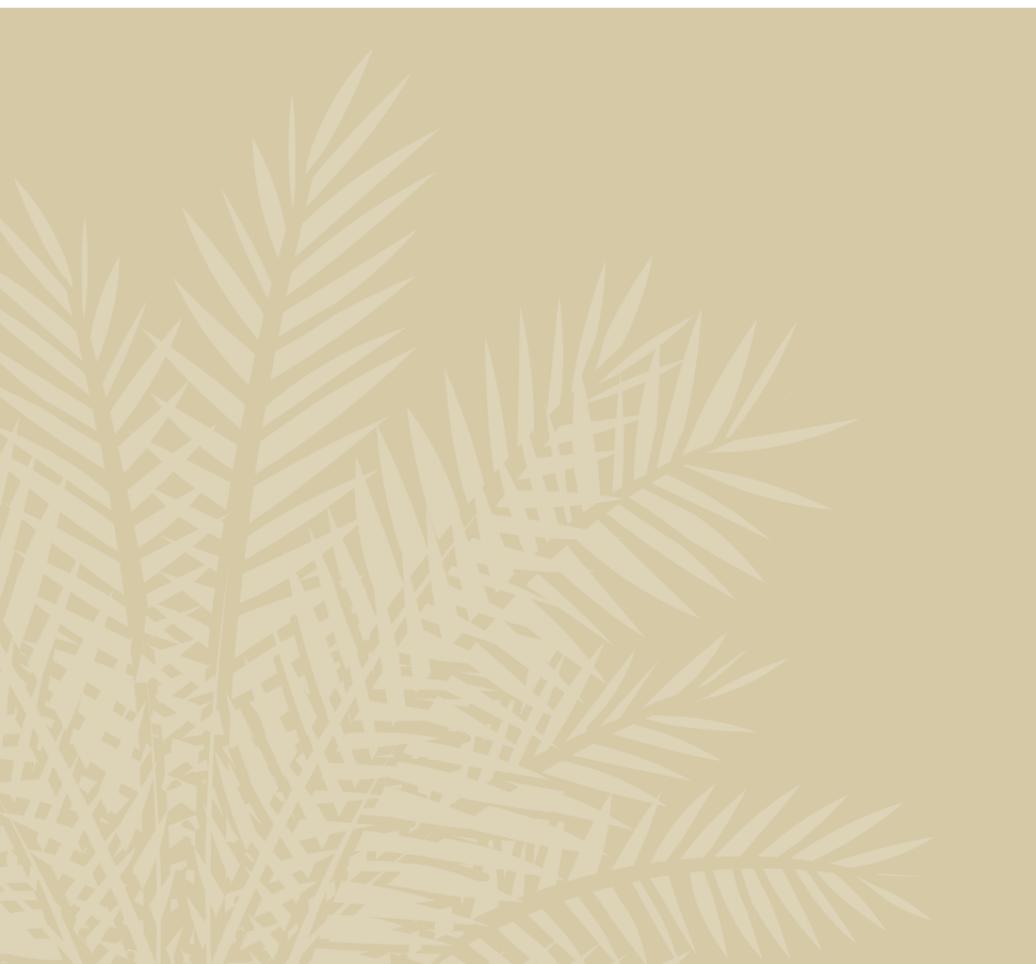




the spa
AT NAPLES GRANDE



WELCOME

The Spa at Naples Grande provides a variety of services focused on overall health enrichment through our modern and innovative offerings. Your mind will relax, body rejuvenate, and soul be transformed. A Grande spa experience awaits.

Arrival

We invite you to enjoy the spa amenities on the day of any confirmed spa treatment and ask that you arrive at least 30 minutes in advance to allow proper time for checking in, showering and enjoying spa amenities. These amenities include our labyrinth, sun deck, whirlpool, sauna, steam room and meditation lounge. Your treatment will start at its scheduled time and arriving late will limit the time that you can enjoy your service. Should you like to enjoy these amenities without booking a treatment there is a separate charge based on daily availability.

Minimum Age

The spa is an adult facility experience for guests 18 years of age and older. Guests ages 16 - 17 are welcome to enjoy facial and massage treatments with a parent or guardian present in the treatment room unless otherwise noted. All ages welcome for hair salon or nail services.

Medical Concerns & Comfort Level

Guests who are pregnant, have had recent surgery, or have any other medical concerns, are advised to consult their physician before booking spa services.

Quiet Environment

We strive to provide a tranquil and private escape. As a courtesy to you and the rest of our guests we ask that you turn off your cell phones, electronic devices and cameras upon entering the spa.

Gratuities

For your convenience, a 22% service charge is added to all spa and salon treatments. Additional gratuities are at your discretion and may be added upon request.

Cancellation & Rescheduling

As a courtesy to you, other guests and service providers, we strictly adhere to the spa cancellation policy: If you must reschedule or cancel an appointment, please advise us eight (8) hours in advance to avoid being charged 100% of the scheduled treatment. No-show appointments will also be charged the full treatment fee. Packages and personal training sessions require a 24-hour notice.

Valuables

We recommend leaving all valuable items at home, or in the comfort of your guest room or suite. The spa is not responsible for lost, damaged or stolen items.

Spa Hours

Monday - Saturday from 9am to 7pm
Sunday from 9am to 5pm

Reservations

Book online at Naplesgrande.com/spa or call us directly at 239.594.6321.



SPA PACKAGES

Spa Essentials | 2 Hours | \$295

Escape and indulge in our unique treatments to reduce stress and tension, while restoring peace and tranquility. This package includes your choice of any two 50-minute Spa Services.

Golden Trio | 3 Hours | \$440

Remove, restore, and radiate. Begin your experience with a 50-minute Signature Muscle Melt Massage to relax, followed by a 50-minute Fijian Coconut Scrub to gently exfoliate your skin, and conclude with a 50-minute Signature Organic Facial.

Discreet Indulgence | 5 Hours | \$770

Begin your journey with an 80-minute Signature Muscle Melt Massage followed by a 25-minute head, neck, and shoulder massage using exotic aromatherapy oils. Delight in a 50-minute Signature Organic Facial, followed by a 50-minute Signature Ritual Manicure and a 50-minute Signature Ritual Pedicure. Your special package includes an al fresco lunch from our signature menu to enhance a perfect spa day.

Serenity for Two Couples Retreat | 3 Hours | \$830

Begin your day of relaxation with an 80-minute Couples Massage where you and your loved one will enjoy a Swedish Massage in tandem, using blended aromatherapy oils followed by 30 minutes of couple salt bath floatation therapy. Indulge in our Signature Villa for the remainder of your time which includes a private couples shower, private sundeck area, infrared sauna, whirlpool and comfortable seating area. Top off the perfect day with a fruit plate and a glass of champagne for each guest.

BODY TREATMENTS

Fijian Coconut Scrub | 50 / 80 min | \$150 / \$215

Inspired by the abundance of Fijian fresh tropical fruits, this Pure Fiji scrub exfoliates and hydrates, while uplifting aromas elevate your senses for a complete state of relaxation. Pick between Noni or Coconut Lime Blossom scents. The 80-minute option includes a Fijian Hair and Scalp Massage. This service is performed in a dry room.

Dead Sea Salt Scrub | 50 min | \$150

Restore your skin to a healthy glow with this unique detoxifying, hydrating, and exfoliating treatment. Enjoy the benefits of a finishing ayurvedic body silk. This treatment is done in a wet room.

Hydrating Fijian Coconut Body Wrap | 80 min | \$215

Coconut and raw sugar sourced from the pristine rainforests of Fiji nourish the skin like no other. Begin with a full-body exfoliation to stimulate and renew your skin. Next, reduce dryness with your choice of Noni or Coconut Lime Blossom body butter, high in vitamins and minerals to strengthen and hydrate the skin cells. To conclude, a warm oil scalp massage will leave you relaxed and refreshed. This service is performed in a dry room.

Wellness Detox Body Wrap | 80 min | \$215

This luxurious service is great for detoxification, skin purification, and cellulite support. This treatment begins with a Dead Sea Salt body scrub to open your pores, enabling your skin to be open to the wrap's healing properties. The detoxifying cellulite support and seaweed masks are then applied to your skin to help toxins come out while you are wrapped in a warm cocoon and you will receive a scalp massage. Your treatment is finished with a detoxifying body oil application. This service is done in a wet room.

Fitness Body Active | 50 min | \$160

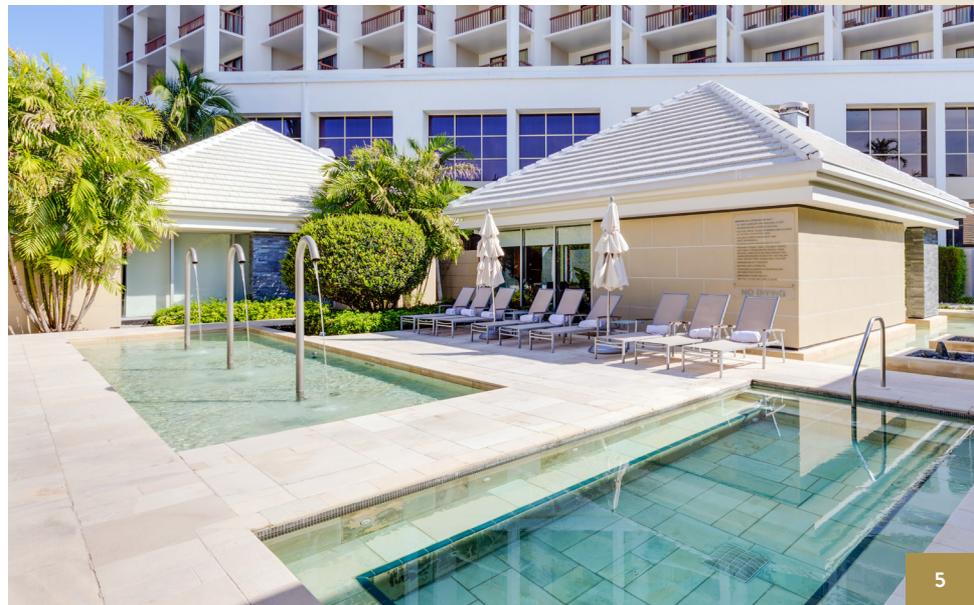
An energizing and remodeling treatment post-workout, using a body mask made with yellow clay from Brazil, enriched with a plankton extract to stimulate your metabolism. It's efficacy is boosted by using a tui-na technique. Ideal for combining with a fitness program or to be included in an anti-cellulite and firming program.

Firming Body Mask | 50 min | \$160

Organic Tamanu Oil and Green Walnut Extract in a soft, creamy, extra nourishing body mask to restore exceptional elasticity to the skin.

Tranquility Pro-Sleep Treatment | 50 min | \$160

Inspired by the Indonesian Sea Malay Massage, this exceptional ritual acts in synergy with our Tranquillity™ Sound and Essential Oil Blend to effectively induce a state of deep rest. Ideal as jet lag recovery.



AESTHETICS & SKIN CARE

Signature C Firming Facial | 50 / 80 min | \$150 / \$225

Designed to prevent, protect, and correct skin damage from dehydration, aging, and free radicals.

Rebalancing Facial | 50 / 80 min | \$170 / \$245

Designed to detoxify and brighten congested skin. We will customize the service based on skin needs, resulting in a clear, glowing skin complexion.

Gentlemen's Facial | 50 / 80 min | \$170 / \$245

Designed specifically with men in mind, this treatment restores balance to your skin. Lie back, relax, and allow our estheticians to improve your skin's tone and texture.

Teen Clinical Acne Treatment | 50 min | \$150

This treatment is designed to calm and correct acne-prone skin and may be used on the face, chest, or upper back.

Sublime Skin | 50 min | \$155

Give your skin the boost of radiance and plumpness that it needs with an innovative double peel followed by a lifting mask for immediate rejuvenation. The Activelift™ Massage, inspired by Kobido techniques, softens wrinkles and invigorates skin tone.

Hydrmemory Facial | 50 min | \$155

The ultimate treatment for deep hydration and radiance, ideal for skin stressed by central heating and air-conditioning. The HydraBrush Massage transports the precious Moringa Oil and the Hyaluronic Acid biomimetic fragments deep into the skin.

Remedy Facial | 50 min | \$165

An innovative, fortifying approach to sensitive, delicate skin. With a Prebiotic from sugar beets, promoting cutaneous resilience, and Marula Oil, this facial calms skin discomfort, relieves neuroinflammation and reinforces the skin's defense.

RECOMMENDED ENHANCEMENTS

(No Extra Time Required)

Bright Eyes | \$25

A distinct skin care treatment designed to protect fragile tissue that is vulnerable to fine lines and dark circles.

Collagen Masque | \$25

Used to stimulate your body's natural collagen production, this masque is an accelerator to combat the first signs of aging.

Healthy Happy Lips | \$25

An enzymatic exfoliation to quench and soften parched lips.

CBD Enhancement | \$30

Intended to encourage hydration and decrease moisture loss and inflammation.

Dermaflash | \$25

This treatment uses a subtle sonic vibration and a proprietary Edge to safely and painlessly exfoliate dead skin and sweep away pesky peach fuzz, instantly unveiling your best skin!

WAXING SERVICES

Bikini	\$45+
Half Leg	\$65+
Full Leg	\$95+
Full Leg with Bikini	\$125
Underarm	\$30+
Full Arm	\$65+
Half Arm	\$45+
Back or Chest	\$75+
Lip or Chin	\$25+
Full Face	\$65+
Ear / Nose	\$8+
Brow Sculpting	\$35+

Add Ons

Fijian Hair & Scalp Massage | 25 min | \$75

All About Feet | 25 min | \$75

Shirodhara | 25 min | \$75

TRADITIONAL THERAPIES

Couples Massage | 50 / 80 min | \$340 / \$490

Experience a relaxing Swedish Massage side by side. Ignite your senses while selecting a custom blended oil to create a true aromatherapy experience in perfect harmony.

Signature Muscle Melt Massage | 50 / 80 min | \$170 / \$245

This uplifting massage journey is the perfect marriage of mind and body techniques to bring an overall sense of balance and healing. Featuring a hot stone back massage combined with a beautiful blend of sweet birch, frankincense and arnica, this complete treatment will soften the skin and inspire a sense of positivity, leaving you with a calm mind and soothed body.

Classic Swedish Massage | 50 / 80 min | \$140 / \$215

A gentle, full-body massage designed for relaxation and to soothe tired muscles. This light-to-medium pressure massage is perfect for enhancing circulation, melting away stress, and reviving your senses. A healing therapy for the mind and body.

Therapeutic Deep Tissue Massage | 50 / 80 min | \$155 / \$230

Enjoy greater range of motion as your therapist works on targeted areas of concern. Strokes with customized deep pressure perfectly eases chronic muscle tension.

Soothing Stone Massage | 75 min | \$230

Be lulled into a deeper level of peace and tranquility with the heat emitted from smooth basalt stones penetrating deeply into your muscles, melting away tension and built-up stress. The combination of hand and stone massage creates a sense of complete balance.

Mother-To-Be Massage | 50 min | \$150

A nurturing full-body massage using safe and effective prenatal techniques to release tension caused by overworked muscles. Ease mental and physical stress with this full-body massage. Ideal for women in their second and third trimester of pregnancy.

CBD Massage

50 / 80 min | \$160 / \$235

Indulgent and luxurious! If you're seeking relief from tight muscles, injuries, extra stress, or maybe just chasing that post-yoga high, take your massage to the next level with a deeply moisturizing, CBD-enhanced treatment. Allow the cell-communicating CBD to penetrate deep, relaxing your body and mind while restoring that sweet equilibrium. Get off the table feeling refreshed with freedom to move. THC free!

Add Ons

Fijian Hair & Scalp Massage | 25 min | \$75

All About Feet | 25 min | \$75

Shirodhara | 25 min | \$75

ENHANCEMENTS

(No Extra Time Required)

Aromatherapy Oil \$25

Yoga Balm \$25

Hot Stones on the Back \$25

Collagen Eye Fillers \$25

CBD Pain Relief \$30

Must be booked in conjunction with a 50-minute or longer facial or massage. Intended to encourage hydration and decrease moisture loss and inflammation.



NON-TRADITIONAL THERAPIES

Salt Floatation Bath Therapy

30 / 60 min | \$89 / \$120 | Couples, 60 min, \$225

Float your stress away in a weightless salt water bath environment with over 800 pounds of Epsom salt. Relieve muscle pain, anxiety, and achieve a deep state of relaxation to calm even the busiest brain.

Whole Body Cryotherapy | 3 min | \$79

Step inside one of the coldest machines in the country, reaching -275° F, to invigorate your body, balance your nervous system, improve immunity and stimulate your metabolism and burn up to 800 calories.

Local Cryotherapy | 6 min | \$60

The cooling effect of liquid nitrogen focuses on shoulders, elbows and knees to minimize pain, promote healing and speed up the recovery process by reducing inflammation and swelling.

Cryo-Pain Freeze | 20 mins, \$275 | 5 pack, \$1,250

Revolutionary thermal therapy alternating cold and heat provides deep relief of joint and muscle pain, including back and neck pain.

Instant Cryo Facial Rejuvenation | 6 min | \$60

A laser-guided cold treatment that boosts collagen, tones, tightens and rejuvenates the skin.

Cryo-Face, Neck, Décolleté Rejuvenation | 10 min | \$75

A blast of cryogenically-cooled air that decreases blood flow and increases collagen production to close pores, reduce wrinkles and tighten the skin.

Cryo-One Body Slimming | 40 min, \$350 | 5 pack, \$1,550

This innovative thermal treatment destroys fat cells, removes cellulite and slows down the aging process. (Legs, thighs, abdomen and arms.)

Cryo-One Skin Toning | 20-40 min, \$350 | 5 pack, \$1,550

Cryo Skin Toning improves microcirculation and speeds up metabolism, for increased collagen production and toned skin.

Cryo-One Face Lift | \$345 | 5 pack, \$1,520

Experience a non-invasive facelift with immediate results after one session that last for weeks. This treatment reverses the aging process by stimulating collagen production and visibly reducing wrinkles.

Quantum Energy Evaluation | 30 min | \$69

A quick comprehensive health assessment based on an electromagnetic scan to determine the functional health of body systems and nutritional requirements.

Ionic Foot Detox | 30 min, \$79 | Couples, 30 min, \$145

This warm mineral sea salt water bath focuses on the feet to recharge the body and increase well-being, overall health and balance by flushing out toxins in your lymphatic system and energizing the blood through ionization. If you are feeling sluggish, tired or have a lack of energy; suffer from neuropathy, arthritis, fibromyalgia, gout, migraines, heavy metal accumulation or eczema, this can help you detoxify, eliminate waste and heal. (Multiple treatments recommended).

Teeth Whitening | 20 min | \$175

Have a whiter and brighter smile in just 20 minutes. This treatment utilizes a patented cool blue LED light technology that whitens your teeth faster, up to four shades, and keeps them white longer. Safe for sensitive skin and gums.

NON-TRADITIONAL THERAPIES (CONTINUED)

Infrared Sauna

25 min, \$65 | Couples, 25 min, \$89 | Service add-on, \$25

Infrared sauna eliminates seven times more toxins than a traditional sauna and helps to relax muscles, burn calories, promote relaxation, and relieves inflammation by increasing circulation and balances cortisol levels, the body's primary stress hormone.

Add on Halo micronized salt therapy for sinuses and other respiratory conditions and to enhance relaxation \$25.

BioCharger Field Therapy

Individual, 20 min, \$30 | 5 pack, \$125
Group 2-4, 20 min, \$20 per person | 5 pack, \$80 per person

The BioCharger is the world's first subtle energy revitalization platform that works to optimize your health and wellness by aligning and balancing the energy of every cell in your body to optimize and improve potential health, wellness, and athletic performance. When our cells are charged to optimal levels, we feel invigorated, focused, and well rested.

BioCharger sessions are 15 minutes or less, touch-free, and completely non-invasive and has proven to restore strength, stamina, coordination and mental clarity. Hundreds of personalized settings are available based on the personal health needs. Biocharger is an excellent addition to any other treatment.



EASTERN THERAPIES

Abhyanga Massage | 50 / 80 min | \$155 / \$230

Sansāra is Sanskrit for “continuous flow” of consciousness and life. With the movements of the Abhyanga, a continuous flow of medicated oil is massaged in a rhythmic motion and works to affect the 7 layers of the physical and subtle bodies to bring balance and harmony to the mind, the body, and the spirit. The 80-minute option includes a Shirodhara restorative treatment.

Five Star Treatment | 50 min | \$160

Our mind creates our direction, our hands move our environment, and our feet carry us to our desired destination. Centered around the focus of healing, this 5-point treatment to the scalp, hands, and feet nourishes and replenishes using herbal salts and medicated oils with a Tisrah balancing bowl and Marma therapy to bring ojas or life sap to our being.

Thai Massage | 80 min | \$250

Discover this ancient technique, which incorporates stretching and energy line compressions to restore balance to the entire body. Promoting increased flexibility and improved physical performance, this time-honored practice rewards the body with an overall sense of relaxation. Performed on a mat without oil, Thai massage requires loose-fitting comfortable clothing.

Swe-Thai Massage | 80 min | \$250

Swe-Thai is a unique style of massage that delightfully blends the relaxing strokes of the eastern therapeutic massage using oils and the wonderful stretching techniques and energy line work of the traditional Thai massage on the table.

This massage is performed with minimum or no clothing, using a draping for privacy like in a Swedish Massage. Not for those in a fragile physical condition or who are pregnant.

Reflexology | 50 min | \$150

Experience this therapeutic and naturally healing art, based on the principle that there are reflexes in the feet. Reflexology promotes relaxation, improves circulation, reduces pain, soothes tired feet, and encourages overall healing.

Utopia, the Ultimate Experience | 80 min | \$225

Let yourself be guided by one of our intuitive therapists while they personalize a spa experience that will nurture your physical, emotional, and overall well-being. Find your natural balance and equilibrium. This is an energy work treatment.



NAIL SERVICES

Grande Manicure | 50 min | \$90

This extravagant manicure is heaven for your hands and arms. This treatment is designed to deeply hydrate and nourish your skin and nails. Our signature scrub gently exfoliates and softens your hands and arms preparing them for the nourishing rich masque to seal in hydration. The grande finale of this journey incorporates a hot stone massage, followed by your choice of nail polish to bestow a youthful vibrancy.

Grande Pedicure | 75 min | \$110

Indulge in the ultimate pedicure journey. Start with a mineral soak accompanied by a gentle exfoliation. Hot towels, hot stones, and heated mitts combined with paraffin wraps leave your skin soft, smooth, and glowing. Choose a polish from our long lasting, vitamin enriched polish line to finish your grande experience.*

Signature Hand or Foot Ritual | 50 min | Hand, \$70 / Foot, \$90

Treat yourself to our organic healing and restorative ritual designed to deeply hydrate and nourish your skin and nails. An exfoliating scrub invigorates your senses while scented hot towels, organic eco-paraffin treatment and warm mitts are combined with a light Swedish massage to relax your muscles. Followed by your choice of polish color.

CBD Manicure / Pedicure | 50 min | Manicure, \$75 / Pedicure, \$95

Treating yourself to a manicure and pedicure after a long work week is always a treat, but if you can't seem to fully de-stress and put down your phone at the salon, a nail treatment spiked with CBD (Aka: Cannabidiol, a compound found in the Cannabis plant) is for you. Let the power of CBD alleviate pain & discomfort.

Classic Manicure	25 mins	\$50
Classic Pedicure	50 mins	\$70
Gel Manicure	50 mins	\$90
Tweens Manicure*	25 mins	\$25
Tweens Pedicure*	25 mins	\$40
Polish Change	15 mins	\$25
Gel Removal	15 mins	\$25

* Reserved for guests 8-12 years of age, must be accompanied by an adult nail service

ENHANCEMENTS

French Mani/Pedi	\$10
Hydrating Hand Treatment	\$25
Glycolic Heel Peel	\$25
CBD Pain Relief	\$30

HAIR DESIGN & MAKE-UP

Shampoo & Style	\$65+
Men's Haircut & Style	\$45+
Women's Haircut & Style	\$75+
Deep Conditioning Treatment & Scalp Massage	\$45
Customized Keratin Treatment	By consultation
Balmain Volume System	By consultation
Partial Highlights	\$135+
Full Highlights	\$175+
Lowlights	\$80
Balayage Highlights	\$120+
Color	\$80+
Corrective Color	By consultation
Conditioning Color Gloss	\$70
Makeup Application	\$85
Formal Styling & Consultation	\$100+
Bridal Hair & Makeup	\$250+



ORIENTAL MEDICINE

Oriental Medicine Session | 60 min | \$150

A combination of traditional and modern diagnostic and treatment methods. Includes comprehensive diagnosis and evaluation with computer energy analysis, followed by all medically necessary traditional and modern treatments including acupuncture, gua sha, and cupping.

Meridian Imaging Diagnostics | 30 min | \$75

Modern diagnostic method to determine energy blocks that lead to pain, fatigue and other symptoms. (Acupuncture treatment add-on option \$95).

Cupping | 15 min | \$65

Ancient method to relieve muscle spasms, treat digestive and respiratory problems, and facial rejuvenation.

Gua Sha | 15 min | \$65

Ancient scraping technique for muscle spasm and pain.

Cupping/Gua Sha Combination | 30 min | \$110

Auriculotherapy* | 15 min | \$100

Stimulation of reflex points on the ear to control pain, reduce stress and control cravings.

Acupuncture Face Lift | 30 min | \$125

Special fine needles are inserted in key areas of the face to correct wrinkles and rejuvenate the skin.

Acupuncture Detox/Weight Loss | 30 min | \$105

Special point combinations to detoxify the body by support body's own detox capabilities: liver, kidney and intestinal functions.

Acupuncture De-stress | 30 min | \$105

Gentle stimulation of acupuncture points that quickly calm the mind, reduce anxiety, improve sleep and increase stress-coping abilities.

Advanced Acupuncture* | 30 min | \$115

Combination of the most effective traditional acupuncture styles to treat pain, emotional difficulties, headaches, digestive issues and other symptoms. *Available as follow-up only.*

Electronic Acupuncture* | First 15 min, \$45 | Additional 15 min, \$35

Receive all the benefits of acupuncture without the fear of needles through electronic or laser stimulation of acupuncture points. *Available as follow-up only.*

Acupuncture Pain Management* | 20 min | \$105

Acupuncture therapy for the most effective way to treat pain.

** First session requires diagnostic compound. 15-min minimum \$90.*



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