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Top 10 Hotels in Florida for Meditation

A perfect place to disconnect and quiet your mind, there are a handful of hotels in Florida that boast a variety of wellness amenities to enjoy while soaking up the sunshine on your beach vacation. From luxurious spa treatments to beach yoga, a meditation trail and an array of recreational activities, these peaceful havens offer more than just a slice of paradise but give its guests a chance to truly unwind and recharge. If you're looking for a healthy vacation getaway, read on to discover our top picks of Florida hotels that offer unexpected places to meditate.



Naples Grande Beach Resort, Naples

Naples Grande Beach Resort, Naples ([Prices & Photos](#))

You can find your inner peace at the Naples Grande Beach Resort in Naples, where its spa focuses on minimalism and Zen-infused balance. An inviting beachfront property with a beach bar, luxury chaise loungers and umbrellas, you can also relax in the private cabanas dotting its tranquil outdoor pool. Take a dip in the whirlpool and soak up the sun at the on-site spa's sundeck, head to the meditation area with Japanese-inspired designs at The Labrinth, or take a scenic air tram ride through a 200-acre protected Mangrove Estuary.