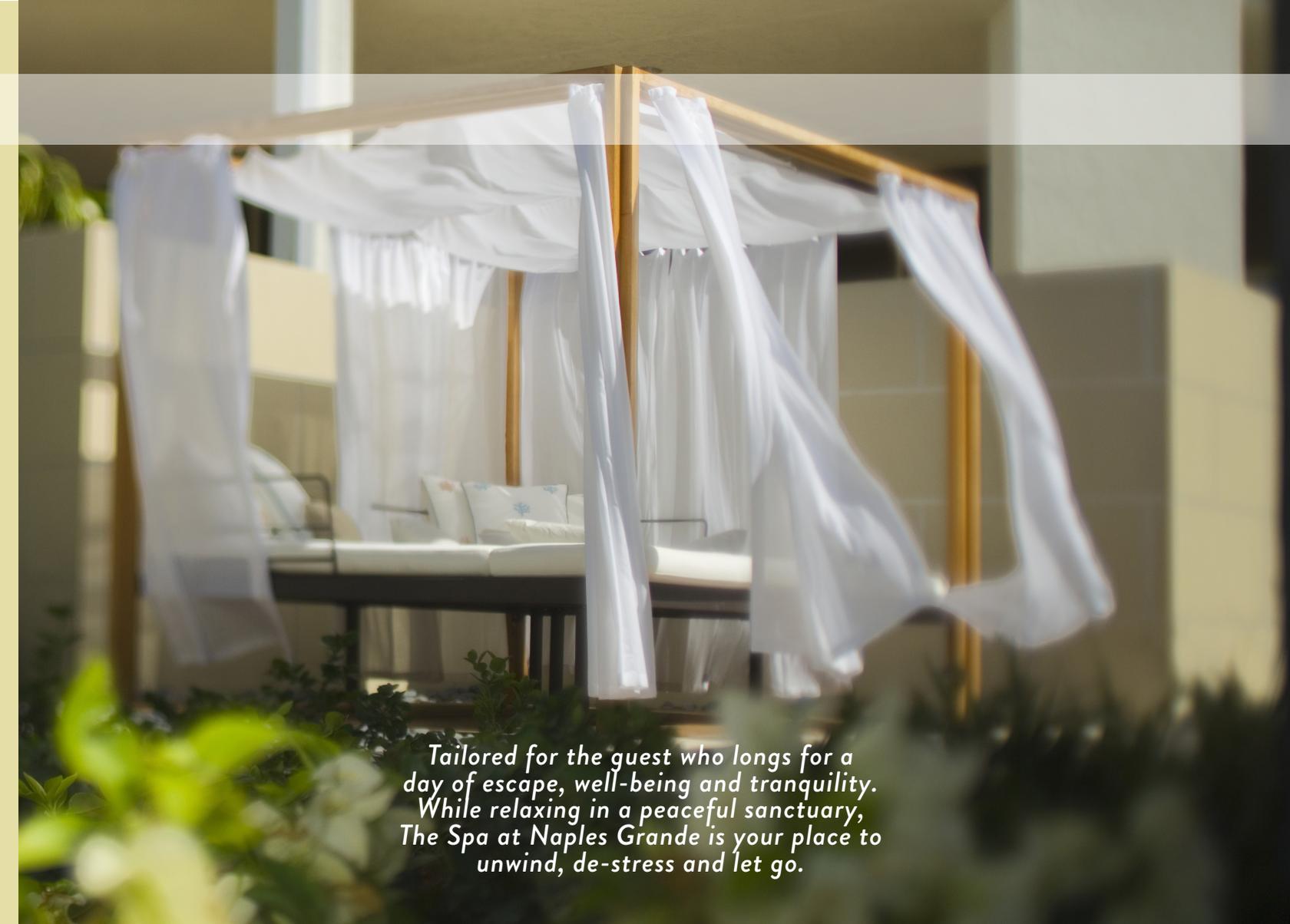




  
*the spa*  
AT NAPLES GRANDE

*Indulge in your relaxation.*

A wooden canopy bed with white curtains and cushions, set outdoors in a garden. The bed is made of light-colored wood and has a white fabric canopy that is partially open, revealing a white mattress and several pillows. The pillows have a light blue floral pattern. The bed is surrounded by green foliage, and the background shows a building with a light-colored facade. The lighting is bright and natural, suggesting a sunny day.

*Tailored for the guest who longs for a day of escape, well-being and tranquility. While relaxing in a peaceful sanctuary, The Spa at Naples Grande is your place to unwind, de-stress and let go.*

# spa packages

## SPA ESSENTIALS

**2 hours** **280**

Escape and indulge in our unique treatments to reduce stress and tension, while restoring peace and tranquility. This package includes your choice of any two 50-minute Spa Services.

## GOLDEN TRIO

**3 hours** **420**

Remove, restore and radiate. Begin your experience with a 50-minute Sugar Glow Scrub to gently exfoliate your skin, followed by a 50-minute Signature Artisan Massage to relax and conclude with a 50-minute Signature Organic Facial.

## SERENITY FOR TWO COUPLES RETREAT

**3 hours** **750**

Begin your day of relaxation with an 80-minute Couples Massage Ritual where you and your loved one will enjoy a Swedish Massage in tandem, using blended aromatherapy oils and followed by a 25-minute Fijian Scalp Massage. Indulge in the Couples Villa for the remainder of your time which includes a private couples shower and soaking tub, sundeck with luxury chaises, whirlpool and comfortable seating area. Top off the perfect day with two complimentary flutes of champagne.

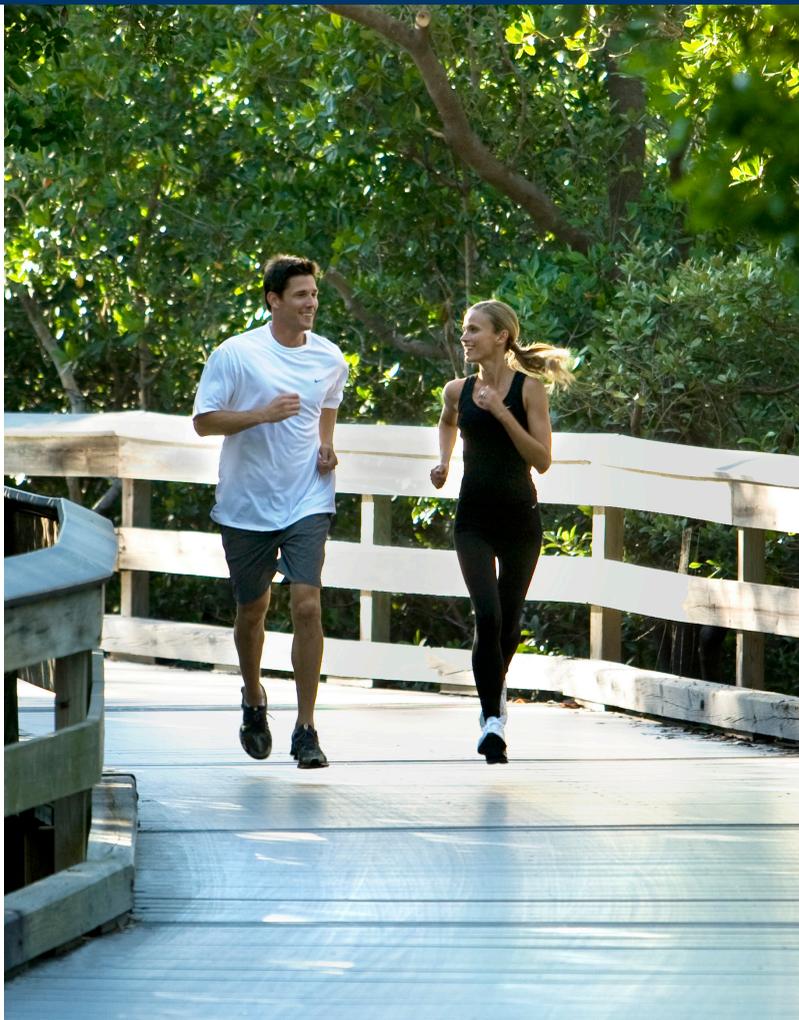
## DISCREET INDULGENCE

**5 hours** **635**

Treat yourself to the ultimate spa experience. Begin your journey with an 80-minute Signature Artisan Massage followed by a 25-minute head, neck and shoulder massage using exotic aromatherapy oils. Delight in a 50-minute Signature Organic Facial, followed by a 50-minute Signature Ritual Manicure and a 50-minute Signature Ritual Pedicure. Your special package includes an al fresco lunch from our signature menu to conclude (or begin!) the perfect spa day.

## A GRANDE JOURNEY

*Buy a series of five spa treatments in advance and we will pay for the sixth. No refunds or transfers. Subject to availability.*



## **FIT FOR LIFE**

**90 minutes**

**120**

Invest in your health with guidance from a certified personal trainer who will assist in developing your balance, stability and overall strength through a personalized fitness regimen. Coupled with a focus on your dietary needs and nutrition, you'll be established with individualized health goals so you can start leading a healthier life.

## **PERSONAL TRAINING**

**60 minutes**

**90**

Our certified personal trainers will give custom workouts to take home, whether the goal is to slim down or tone up. Sessions are personalized to each individual and may vary from a focus on your core to general strength or muscle building.

## **PRIVATE YOGA**

**60 minutes**

**90**

Physical, mental and spiritual discipline that emphasizes the importance of core strengthening, flexibility, proper body alignment and focused breathing. Learn how to create a steady breath and improve positive thought sequences of precise verbal cues, physical adjustments and modification.

# aesthetics & skin care

## **SIGNATURE ORGANIC FACIAL**

**50 minutes | 80 minutes**

**140 | 215**

Designed for all skin types, this customized facial uses nature's most potent ingredients to restore a natural glow and refine skin's tone, texture and radiance.

## **SIGNATURE C FIRMING FACIAL**

**50 minutes | 80 minutes**

**140 | 215**

Designed to prevent, protect and correct skin damage from dehydration, aging and free radicals.

## **ULTRASONIC FACIAL**

**50 minutes | 75 minutes**

**165 | 220**

Ultrasonic, age defying and non-surgical face rejuvenation. Feel the benefits of microdermabrasion without the redness and irritation.

Micro-current therapy plumps, nourishes and cleanses your skin, visibly improves superficial lines and enhances skin elasticity by deeply infusing peptides with much needed rich collagen.

*\*Notice a difference with one treatment or transform your skin with a series of five treatments.*

## **CORRECTIVE FACIAL**

**50 minutes | 80 minutes**

**165 | 240**

This introductory hydroxy acid treatment is designed to minimize the appearance of surface lines, refine skin tone and texture, aid in clearing acne and help fade hyperpigmentation.

## **ORGANIC PEPTIDE FACIAL**

**50 minutes**

**165**

Treat your skin to the perfect all-inclusive peel and peptide illuminating facial. Skin is deeply but gently resurfaced using a combination of flower acids, papaya enzyme and lactic acids for impressive brightening. You'll be left with smooth, firm and incredibly luminous skin.

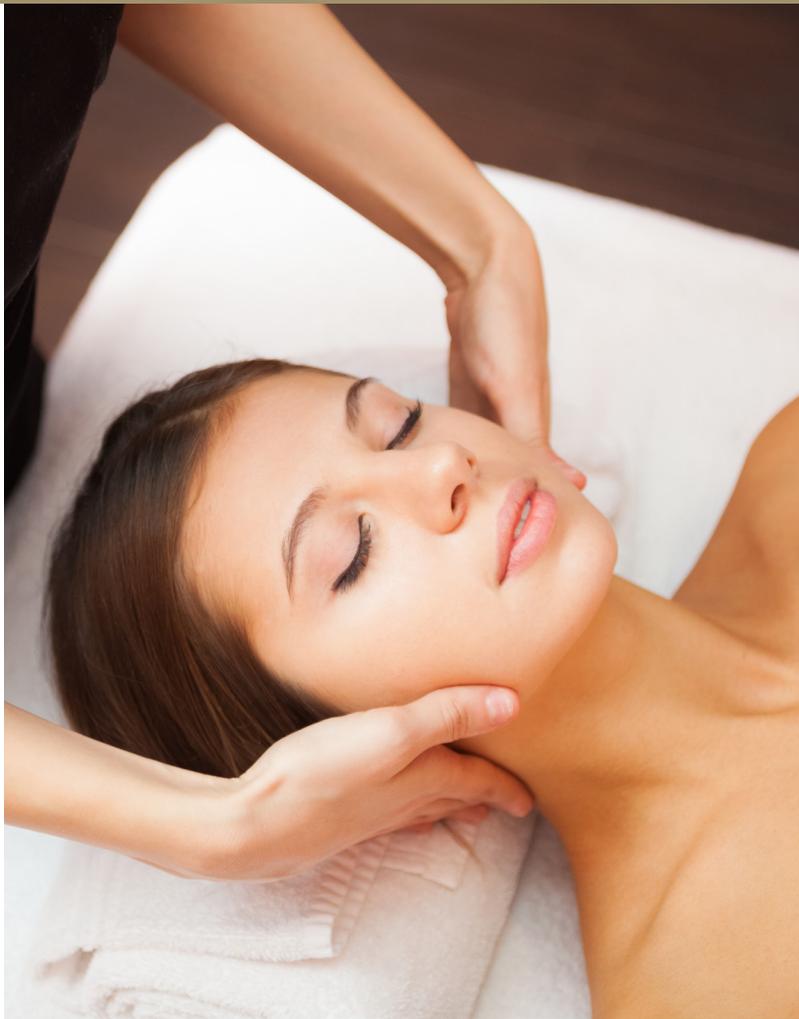
## **GENTLEMEN'S FACIAL**

**50 minutes | 80 minutes**

**140 | 215**

Designed specifically with men in mind, this treatment restores balance to your skin. Lie back, relax and allow our estheticians to improve your skin's tone and texture.

*\*80 minute treatments include a paraffin hand masque and scalp massage.*



## *facial enhancements*

**25 each**

### **BRIGHT EYES**

A distinct skin care treatment designed to protect fragile tissue that is vulnerable to fine lines and dark circles.

### **COLLAGEN MASQUE**

Used to stimulate your body's natural collagen production, this masque is an accelerator to combat the first signs of aging.

### **HEALTHY HAPPY LIPS**

Delicate lips lose moisture and plumpness. Using an enzymatic exfoliation to quench parched lips, a deeply-hydrating plumping masque stimulates collagen production, and a nourishing citrus balm leaves your lips ultra-soft.

## *waxing services*

**25 minutes**

**70**

Facial waxing service includes chin, brow contouring and upper lip that can be performed during a treatment if time allows, or scheduled separately.

# massages

## SIGNATURE ARTISAN MASSAGE

50 minutes | 80 minutes

165 | 240

Allow the expert touch of a therapist to uniquely customize this massage as they incorporate a wide variety of disciplines, selecting from: varied degrees of pressure, targeted warm stone usage, stretching techniques, aromatherapy or therapeutic yoga balm.

## SWEDISH MASSAGE

50 minutes | 80 minutes

130 | 205

This classic full-body massage is designed to melt away stress and tension by blending light pressure with long kneading strokes to soothe aches and pains and create a sense of overall balance and rejuvenation.

## DEEP TISSUE MASSAGE

50 minutes | 80 minutes

145 | 220

Enjoy greater range of motion as a therapist works the deeper layers of the muscle tissue and focuses on targeted areas of concern. This massage uses a variety of techniques to assist in releasing chronic tension.

## HOT STONE MASSAGE

75 minutes

220

Experience an ancient healing practice that brings relief to tense muscles, sore joints and a weary spirit. Hot stones target sore muscles while warm oil silken the body.

## COUPLES RITUAL

50 minutes | 80 minutes

330 | 480

Experience a relaxing Swedish Massage side by side within the sanctuary of the Couples Villa. Ignite your senses while selecting a custom blended oil to create a true aromatherapy experience in perfect harmony.

## MOMMY TO BE

50 minutes

140

Indulge in a relaxing and nurturing full body massage, addressing the many changes your body is experiencing during pregnancy. Ideal for women in their second and third trimester or postnatal time period.

## UTOPIA | THE ULTIMATE EXPERIENCE

80 minutes

220

Let yourself be guided by one of our intuitive therapists while they personalize a spa experience that will nurture your physical, emotional and overall well-being. Find your natural balance and equilibrium.

*\*Advance booking advised*

## *massage add ons*

### **FIJIAN SCALP MASSAGE**

**25 minutes**

Ease discomfort from headaches and migraines while promoting healthy hair growth. Allow the therapist to perform a gentle massage on the muscle groups of the head, neck and scalp to stimulate circulation using a Fijian technique.

**75**

### **REFLEXOLOGY**

**25 minutes**

Reflexology is a healing art of ancient origin used to relieve pain and stimulate predefined pressure points on the feet while promoting good health.

**80**

## *massage enhancements*

**25 each**

### **AROMATHERAPY OIL**

Treat the senses to aromatherapy oil to enhance your massage experience. Natural oils work to restore and replenish skin with much needed nutrients.

### **YOGA BALM**

Yoga Balm is a pharmaceutical balm that offers an integrative path toward wellness for those who seek to enhance the body's innate ability to heal. Soothing warmth is combined with pure plant extract and organic oils to promote core levels of healing, detoxifying, and promoting new cell growth, while elevating mood.

### **HOT STONES**

Warm basalt stones are used to release the tension and soreness in muscles during your massage treatment.

### **FOOT OR BACK SCRUB**

Sugar scrub used to exfoliate and revitalize the skin while increasing the circulation and blood flow.



## body treatments

### SIGNATURE MOROCCANOIL BODY POLISH

50 minutes

160

Indulge in a head-to-toe Moroccanoil full-body treatment that starts with an orange peel exfoliator to polish the skin and prepare it for the finishing touch of a soft body souffle. Lock in moisture and promote healthy skin with this nourishing treatment. Your service includes a relaxing scalp massage.

### SUGAR GLOW SCRUB

50 minutes

145

Restore your skin to a healthy glow with this unique hydrating and exfoliating treatment, enjoying the organic benefits of coconut oil, cane sugar and nut extracts.

### HERBAL INFUSION BODY WRAP

80 minutes

200

Impurities and dead skin cells will be gently lifted away by an antioxidant-rich orange blossom sugar scrub, followed by a ginger root masque that will nourish and restore softness to your skin. The treatment concludes with a hydrating facial.

### RESTORATIVE BODY MASQUE

50 minutes

130

Heal and repair your skin by combining soothing, cold marble stones with therapeutic properties of the Dilo Nut Oil. Allow your skin to start regenerating with our unique restorative body wrap, specifically designed to calm, nourish and replenish skin damaged by free-radicals, dehydration or inflammation.



## nail services

### GRANDE MANICURE

50 minutes

90

This extravagant manicure is heaven for your hands and arms. This treatment is designed to deeply hydrate and nourish your skin and nails. Our signature scrub gently exfoliates and softens your hands and arms preparing them for the nourishing rich masque to seal in hydration. The grande finale of this journey incorporates a hot stone massage, followed by your choice of nail polish to bestow a youthful vibrancy.\*

### GRANDE PEDICURE

75 minutes

110

Indulge in the ultimate pedicure journey. Start with a mineral soak accompanied by a gentle exfoliation. Hot towels, hot stones and heated mitts combined with paraffin wraps leave your skin soft, smooth and glowing. Choose a polish from our vegan, organic polish line to finish your grande experience.\*

### SIGNATURE HAND OR FOOT RITUAL

50 minutes each

70 | 90

Treat yourself to our healing organic and restorative ritual designed to deeply hydrate and nourish your skin and nails. An exfoliating scrub invigorates your senses while scented hot towels, organic eco-paraffin treatment and warm mitts are combined with a light Swedish massage to relax your muscles. Followed by your choice of polish color.\*

### HIS MANICURE | PEDICURE

25 minutes | 50 minutes

50 | 70

An ultra-rich, stress relieving and moisturizing treatment softens and conditions your skin and nails.

### CLASSIC MANICURE | PEDICURE

25 minutes | 50 minutes

50 | 70

### GEL

50 minutes

90

Extend the life of your manicure with vitamin-infused tip primer. Create a smooth surface with a nourishing basecoat to seal in the color with our durable, high shine topcoat.\*

### TWEENS MANICURE & PEDICURE

50 minutes

65

*\*\*Reserved for guests 8-12 years of age, must be accompanied by an adult*

## nail service enhancements

### POLISH CHANGE

15 minutes

25

### GEL REMOVAL

30 minutes

30

*\*Please inform us at time of scheduling if existing gel removal is needed*

### FRENCH TIP

10



# hair design & make-up

SHAMPOO & STYLE	65+	<i>special occasion</i>	
MEN'S HAIRCUT & STYLE	45+	MAKEUP APPLICATION	85
WOMEN'S HAIRCUT & STYLE	75+	FORMAL STYLING & CONSULTATION	100+
DEEP CONDITIONING TREATMENT & SCALP MASSAGE	45	BRIDAL HAIR & MAKE-UP	<i>by consultation</i> 250+
KERATIN SMOOTHING TREATMENT	375+		
PARTIAL HIGHLIGHTS	100		
FULL HIGHLIGHTS	150+		
LOWLIGHTS	80		
BALAYAGE HIGHLIGHTS	120+		
COLOR	80+		
CORRECTIVE COLOR	<i>by consultation</i> 185+		
CONDITIONING COLOR GLOSS	55		

(+) longer hair extra

# spa etiquette

## Welcome to The Spa at Naples Grande

### ARRIVAL

We invite you to enjoy the spa amenities on the day of any confirmed spa treatment and ask that you arrive at least 30 minutes in advance to allow proper time for checking in, showering and enjoying spa amenities. These amenities include our labyrinth, sundeck, whirlpool, sauna, steam room and meditation lounge. Your treatment will start at its scheduled time and arriving late will limit the time that you can enjoy your service. Should you like to enjoy these amenities without booking a treatment there is a separate charge that is based on daily availability.

### MINIMUM AGE

The spa is an adult facility experience for guests 18 years of age and older. Guests ages 16 – 17 are welcome to enjoy facial and massage treatments with a parent or guardian present in the treatment room. Unless otherwise noted.

### MEDICAL CONCERNS AND COMFORT LEVEL

Guests who are pregnant, have had recent surgery or have any other medical concerns are advised to consult their physician before booking spa services.

### CELL PHONES AND ELECTRONIC DEVICES

We strive to provide a tranquil and private escape. As a courtesy to you and the rest of our guests we ask that you turn off your cell phones, electronic devices and cameras upon entering the spa.

### GRATUITIES

For your convenience, a 22% service charge is added to all spa and salon treatments. Additional gratuities are at your discretion and may be added upon request.

### CANCELLATION & RESCHEDULING

As a courtesy to you, other guests and service providers, we strictly adhere to the spa cancellation policy: If you must reschedule or cancel an appointment, please advise us four (4) hours in advance to avoid being charged 100% of the scheduled treatment. No show appointments will also be charged the full treatment fee. Packages and personal training sessions require a 24 hour notice.

### VALUABLES

We recommend leaving all valuable items at home, or in the comfort of your guest room or suite. The spa is not responsible for lost, damaged or stolen items.

### SPA HOURS

Daily from 9am to 7pm, subject to change at management's discretion.

### RESERVATIONS & CANCELLATIONS

Please call directly at 239.594.6321 or at extension 6321 from within the resort.



## THE SPA AT NAPLES GRANDE

475 SEAGATE DRIVE | NAPLES, FL 34103

local: 239.594.6321 | toll free: 855.441.2166

within resort dial ext. 6321

[naplesgrande.com/spa](http://naplesgrande.com/spa)